

# BBA REPRESENTATIVE PARENT INFORMATION BOOKLET

A thriving basketball community encouraging fun, development and opportunity

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# INTRODUCTION

The Bunbury Basketball Association (BBA) is dedicated to the promotion of the sport of basketball in the Bunbury region for participants of all ages. The Association believes that basketball is a tool to be used in community-building, promoting healthy living, and the empowerment of our youth in a climate of mutual respect and healthy competition.

Thanks and appreciation go out to those parents who contribute their valuable time and energy to actively support their children by undertaking responsibilities of coach, manager and score table official. Your collective contribution helps our children achieve their goals.

Whilst representative basketball can require extra commitment by players and parents alike, it also offers many rewards.



The victories and losses we experience, the friendships we develop, and the lessons we learn stay with us forever. Having the chance to be part of a team and enjoying all the physical, mental, emotional and social benefits that comes with it is a gift that every child deserves to experience.

### **CONTACT DETAILS**

Your team manager / coach is and will be your first point of contact. If you are a team manager or coach please forward your query to BBA Representative contact:

Marina Quain BBA Secretary Mobile: 0417 708 600 Email <u>bbasecretary@westnet.com.au</u>

# **BBA REPRESENTATIVE TRIALS**

BBA Representative Trials are open to all athletes registered as a player in the 2022/23 BBA Season. You do not have to have any prior Representative experience.

Trials will be conducted at the South West Sport Centre and have been scheduled for

### Sunday 25<sup>th</sup> September & 2<sup>nd</sup> October 2022

Time	Court 1	Court 2	Court 3
9.00am - 10.30am	U12 Girls (2012/2013)	U12 Boys (2012/2013)	U13 Girls (2011)
10.30am - 12.00pm	U13 Boys (2011)	U14 Boys (2010)	U14 Girls (2010)
12.00pm - 1.30pm	U15 Boys (2009)	U16 Boys (2008)	U15 Girls (2009)
1.30pm - 3pm	U18 Girls (2007/2006)	U18 Men (2007/2006)	U16 Girls (20096)

If you are unable to attend the trials you must email your apology to the Development Committee at <u>bunbears@westnet.com.au</u>

Registration Link: https://www.playhq.com/basketball-wa/register/f56605

On the day, remember to bring the following:

- Basketball
- Reversible Singlet (if you have one)
- Water Bottle (Full)
- Mouth Guard

- Strapping / Brace (if applicable)
- Can-do Attitude and a Smile

# **BSW REGIONALS**

BBA adopts an inclusive and encouraging approach to player attendance and representation at the BSW Regional Competition competing against other regional South West teams. The Regionals competition is a valuable introductory experience for all juniors wanting to experience the fun and excitement of a basketball carnival and for those considering / involved in the basketball development pathway.

Basketball South West 2022 Regional Carnival dates TBC.

# **BWA STATE CHAMPIONSHIPS**

During November / December each year BWA run the State Basketball Championships. The State Champs sees Representative Teams challenge themselves against the Perth Metro WABL teams like Perry Lakes, Joondalup, Perth Redbacks etc. BBA's attendance at the State Championships is not compulsory and is at your Representative Coach's discretion.

All details will be advised by your team manager / coach, if applicable.

# **BWA COUNTRY CHAMPIONSHIPS**

The BWA Country Championships sees many of the States regional country cities and towns representative teams converge in Perth to compete over a 2 day weekend. The Championships are a highlight on the calendar for many of our representative players / coaches. Player attendance is advised by your Representative Coach's after a player selection process.

### Week 1: U12G, U12B and U13B

- Saturday 4 February 2023
- Sunday 5 February 2023

### Week 2: U13G, U14B and U14G

- Saturday 11 February 2023
- Sunday 12 February 2023

### Week 3: U15B, U15G and U16G

- Saturday 18 February 2023
- Sunday 19 February 2023

### Week 4: U16B, U18G and U18B

- Saturday 25 February 2023
- Sunday 26 February 2023

### Week 5: Seniors – Women, Men and Masters

- Saturday 4 March 2023
- Sunday 5 March 2023
- Monday 6 March 2023



### COST

Player costs are \$150 per player. Registration link will be issued by your team contact to successful selected Bears Representative Athletes.

The cost is to assist in the offsetting of some of the expenses incurred with the BBA representative pathway. Costs incurred by BBA include, but are not limited to - team nominations (Regionals, State Champs and Country Champs), accommodation (Country Champs), umpire fees including associated travel and accommodation expenses, training court hire and entry fees.

\*Please note: Your team manager may advise of additional nominal fees to possibly cover a meal for travelling athletes while at the accommodation - please refer to <u>Meals</u> for more details

### UNIFORMS

Players will be provided with a playing uniform. Warm up shirts and training singlet are available to purchase from our team store. Limited edition merchandising will be displayed seasonally for purchase on our social media.

# **SCORING**

A scoring roster will be forwarded by your team manager once fixtures have been released. All families will be nominated a fixtured timeslot. If you are unable to attend your rostered timeslot please contact your Manager ASAP.

Please note:

- One person is required from each team to perform the score table duties. For all games, the first team named in the schedule is referred to as the "home team". One operates the computer / Stadium Scoring (Away Team) while the other is the timekeeper (Home Team) and keeps the electronic scoreboard up to date. Please refer to the <u>BWA Country Championship Rules</u> for game clock timing rules ie stop clock last 2 mins etc
- The (home team) shall have the team bench and its own basket on the left side of the scorer's table, facing the playing court.

However, if the 2 teams agree, they may interchange the team benches and/or scoring duties

Please refer to below links if you should need to familiarise yourself with the current computer scoring processes

• <u>https://youtu.be/OdTboL\_uYqk</u>

Coaches, Managers and Players are to ensure team benches are vacated ASAP and are cleaned of all rubbish and belongings at the completion of every game

## **CODES OF BEHAVIOUR**

Your attendance / participation at the competition / championships will be deemed as consent and approval to abide by the <u>BWA Code of Conduct</u> these rules are available for download on both the BWA and <u>BBA websites</u>.

# **COUNTRY CHAMPIONSHIP ATTENDING PLAYERS INFO**

The following information is relevant for Country Championship attending athletes only.

# **PLAYING VENUE/S**

Venue Name	Address
Bendat Basketball Stadium	201 Und

201 Underwood Ave, Floreat WA 6014

\*Bendat stadium is main venue of BWA Country Championships but large numbers of team registrations may result in the use of multiple facilities



# **COMPETING ASSOCIATIONS**

** not limited too and could be divided over multiple divisions			
	Albany	Esperance	
	Australind	Geraldton	
	Bindoon	Harvey	
	Broome	Kalgoorlie	
	Bunbury	Karratha	
	Busselton	Katanning	
	Collie	Manjimup	
	Derby	Margaret River	
	Dongara	Narrogin	
	Donnybrook	Northam	
	Eaton	Pinjarra	

# **FIXTURES / RESULTS**

Competition fixtures / results will be published on the Country WA website http://wacountrybasketball.asn.au

Please note fixtures do not generally become available until mid week before your playing weekend and are subject to change.

# TRAVEL DETAILS

Parents are responsible for player transportation to / from home to playing venue. This includes transportation from the playing venue to the accommodation. Please contact / co-ordinate with your team manager if you require assistance.

# **SPENDING MONEY**

This is up to the parents / players. It is also important that players do not carry excessive amounts and are conscious of the security of money and valuables at all times.

# ACCOMMODATION

It is **COMPULSORY** for all players to stay with the team in the specified accommodation. All players under the age 18 will have an accompanying team official or parent. All accompanying officials / parents have provided BBA with a current Working with Children's card. Parents are welcome to book / stay at the same accommodation.

\* Please note: alternate accommodation may need to be sourced due to team registration numbers and accommodation availability

#### Mont Clare Boutique Apartments

190 Hay Street, East Perth Western Australia 6004 Phone: (08) 9224 4300 https://www.montclareapartments.com.au/







## MEALS

All meals are to be provided / responsibility of the parent / player.

In some instances, the team manager may charge an additional amount (eg \$10-\$20) each player to cover the cost of providing a dinner / breakfast at the accommodation. This is at the team manager discretion and will be communicated in more detail closer to the competition as it can be reflective of team fixture times etc.

Bendat Stadium & Wally Hagan Stadium both have onsite canteen facilities available and generally host one or two food vans outside ie Boost Juice / Coffee Van over the weekend.

# PHOTOGRAPHY

Sports Imagery are a professional photography service that will be present over the weekend at Bendat Basketball Stadium and are available for parents / players to contact regarding a memento from the weekend.

Your team manager will arrange a session time for a team photo to be taken over the course of the weekend.



In the following weeks after the competition your team manager will forward a link to some of the action shots taken and will be available for purchase online.

Use of personal cameras is permitted.

Please refer / adhere to below BWA policy when sharing information / photos online

Social Media

# WHAT TO PACK

Please ensure to label all belongings as players are responsible for all their own gear.

Weat Forec		Average Minimum 19°C	Avera Maxir	-	31°C
Check	list				
$\checkmark$	QTY	Details	$\checkmark$	QTY	Details
Clothing		Toiletries / Others		hers	
	1	T-Shirt		1	Mouth guard (compulsory)
	1	Shorts		1	Water Bottle
	4	Playing Socks		1	Plastic bag for dirty / wet clothing
	1	Bathers		1	Toothbrush & Toothpaste
	1	Jacket/Jumper/Hoodie		1	Deodorant
	4	Underclothes		1	Hair brush
	1	Playing Shoes			
	1	Casual Shoes			
If Required / Optional					
	1	Ankle Braces / Strapping tape		1	Medication
	1	Sweat towel		1	Special dietary food
	1	Charger			

Players are responsible for ensuring their water bottle is filled prior to every game.

Team managers are provided with a team basketball, players are not permitted to bring one.

# MEDICAL REQUIREMENTS

Any medications to be taken while away must be clearly labelled and put in a snap lock bag. Please make sure your team manager is aware of any medical conditions and medications that need to be taken. A first aid station is located in the foyer of Bendat Basketball Stadium, this is generally manned by a university student physiotherapist who can assist with providing ice packs and general advise.

# LAUNDRY

Team Managers will oversee the washing of playing uniforms only.



# **COMPETITION RULES**

Please refer to attached link for competition Rules <u>BWA</u> <u>Country Championship Rules</u>

# **MAXIMISE YOUR CHANCES**

### Background

These guidelines are designed not to inhibit your enjoyment of the championship but to enhance it

### **The Night Before**

- Organise your gear no rushing in the morning
- Get a reasonably early night despite the excitement get a good night's sleep

### The Morning

- Everybody get to the stadium on time (at least 30mins before)
- Go through a full range of lower limb movement before the long day of game participation
- Make sure you have a full 750ml 1 litre bottle of water to drink

### Championship

- The ongoing nature of the Championship, with several games over the weekend, makes recovery and 'coming up' difficult to achieve. You will benefit by:
  - Continual fluid replacement electrolyte drinks are ideal but water will do. Avoid fizzy drinks. Eat consistently with a carbohydrate emphasis. Rice and pasta is good, fruit and vegetables are a must. Avoid starchy food like pies and chips.

Warm down after games - jog walk and stretch through a full routine

### **Packing Hints**

- Pack an extra pair of socks to change through-out the day and give your feet time to breathe
- Clearly label your gear to make it easily identifiable

### **Rules and Guidelines**

- Always be prompt for all scheduled coach pre / post game meets
- Swearing and/or disrespectful behaviour will not be tolerated in any circumstance!
- Team meetings are compulsory

### Accommodation Guidelines

- You will be allocated a room that room must not be changed unless directed by staff
- Keep your room tidy at all times
- Any visit to another person's room must be done in the same gender company
- Lights out times must be adhered to
- Always treat hotel staff with respect
- Report immediately any room damage or breakages to your manager.

### **Championship Guidelines**

- Mobile phones must not be used during team meetings, warm up or during games and they must be turned off at lights out.
- Be conscious of your food and fluid intake.
- Do not fill up on unhealthy foods make healthy choices.
- Maintain your fluid levels ensure your water bottle is full before every game.
- All injuries and illnesses are to be reported to your team manager immediately.
- Always conduct yourself in a manner befitting a BBA representative.
- Be respectful at all times to everyone and appreciate the efforts of the organisers.